

ОБЩЕСТВЕННОЕ ОБЪЕДИНЕНИЕ «ЭКОТРЕК»
 Кыргызская Республика, г. Каракол,
 ул. Абдрахманова 116/Коевкозова 48
 Тел.: +996 (03922) 51115;
 (0709) 511155
 E-mail: info@ecotrek.kg



Karakol City, 116 Abdrahmanov str/48 Koenkozov str
 www.ecotrek.kg
 E-mail: info@ecotrek.kg
 Skype: Ecotrek
<https://www.facebook.com/ecotrek.karakol>
 +996 3922 5 11 15 + 996 709 51 11 55

Jergalan-Altyn-Arashan-Jeti Oguz	
Highest Point:	3860m
Lowest Point:	1670m
Total Elevation Gain:	2290m
Total Elevation Loss:	2670m
Level of Difficulty:	Medium / Difficult
Total Hours Hiking:	~50Avg
Total Amount of trekking days:	~9
Approximate Trekking Distance:	~132km
Season: End of June - October	

Day	Description
Day 1	Travel from Karakol to Jyrgalan Valley(1 hour driving,60km) . You will hike(Elevation 2250 m) to the south 13 km (4-5 hours). Overnight in tent before Terim Tor Pass (3000m)
Day 2	Leaving the camp you will summit Terim Tor pass(3467m). After having lunch by the river in Turgen Valley you will summit Buzuchuk pass (3362) than overnight in tent by Bozushuk lakes(3400m)
Day3	Leaving the campsite you will hike over Ailanysh pass (3671m) ~5-6 hours (14km) down to Almaluu valley. Overnight in the tent (Elevation: 2500m).
Day4	Leaving the campsite you will hike to Altyn-Arashan hot springs ~4-5 hours (10km). Overnight in yurt with provided food (Elevation: 2500m). Enjoy hot spring pool.
Day5	Leaving the campsite you will hike to the baseline of Ala-Kul pass (3860m) ~5-6 hours (14km). Overnight in the tent (Elevation: 3300m).
Day6	Leaving the campsite you will summit Ala-Kul pass (3860m) and descend to Sirota EcoTrek campsite ~6-7 hours (15km). Overnight in the tent (Elevation: 2700m).
Day7	Leaving the campsite you will hike to Karakol valley to the campsite Chon-Tash ~2-3 hours (6km). Overnight in the tent (Elevation: 2450m).
Day8	Leaving the campsite you will summit Telity pass (3820m) and descend to Telity valley ~7-8 hours (16km). Overnight in the tent (Elevation: 2900m).
Day9	Leaving the campsite you will hike to Flower valley and Jeti Oguz rocks.(3-4 hours)Drive to Karakol town.(1 hour driving)

Jergalan-Altyn-Arashan-Jeti Oguz: Tour price

Group Size	Per person €	Total €
1	1565	1565
2	1100	2200
3	966.3	2899
4	840.5	3362
5	769	3845
6	713.3	4280
7	685.7	4800
8	657.5	5260
9	640.8	5768

10	623.2	6232
----	-------	------

Included.

- > Transportation to starting point end ending point
- > 3 times fresh food during the trek
- Tents, sleeping bags, mat, kitchen gear
- Lunch boxes to eat during the trek
- Hot spring bath
- Cook
- English speaking guide
- Porters
- 1 night in hot springs Altyn Arashan(yurt or mountain hut)
- Karakol park fee

Not included

- > Hotel accommodation in the town of Karakol
- > Alcoholic drinks
- > Bottled water during trek
- > Flights to and from country
- > Visa cost (for countries not offered free visas)

Additional information

Personnel

The price listed above includes food, rental equipment and transportation for the personnel.

EcoTrek will provide an experienced mountain guide. The guides are all well educated in trekking and mountain safety.

EcoTrek will provide one porter for each client. The porters can carry up to 17 kilos. The porters will carry all food and camping equipment for the entire trek. Typically our clients carry a small backpack which contains water, snacks, and 1 or 2 items of clothing during the trek. An additional porter can be provided for €23 per day.

EcoTrek will provide a professional mountain cook. The cook will prepare fresh and nutritious food for the trek. Please inform your cook if you are a vegetarian or have any allergies. If there are more than 7 clients, a mountain cook assistant is provided.

Climate

Kyrgyzstan has a continental climate. The sun shines over 200 days a year. The temperature during the summer months can range from 20°C to 40°C between 900-2000m elevation; between 3000-4000 m the temperature ranges from 0°C to 20°C. In Kyrgyzstan the weather can change 3-4 times a day. Be aware sometimes you may experience rainy, snowy and sunny weather in the same day.

You need to bring:

Winter jacket, sleeping bag rated for -26°C to 0°C, rain gear, 2-3 pairs of wool socks, waterproof trekking boots, gloves, sunglasses, sunscreen with high UV-protection, lip balm with UV-protection.

EcoTrek will provide the necessary trekking equipment:

A 2 person 3 season tent and a sleeping mat. EcoTrek will also provide a kitchen for the cook and dining area for the clients to eat their meals. If client wants to stay in single tent there is a cost of €4 per day.

Food during the trek Breakfast: hot cereal or fried eggs, cheese, honey, bread, butter, coffee and tea. Lunch: salads, sandwiches, fruit, coffee and tea. Snack: cookies, coffee and tea. Dinner: soup, second course, cheese, honey, dried fruit, bread, coffee and tea. Insurance

It is strongly recommended that all clients have proper insurance to cover any illnesses, helicopter evacuation and transportation to their country of origin. In the event of an emergency EcoTrek will do everything in its power to assist clients. Please contact your Embassy to find the best travelers insurance policy for your stay in Kyrgyzstan.

Visa Kyrgyz Republic gives free visa to citizens of 44 countries including; EU, USA, Japan, UK, Norway, Switzerland and Brazil.



Terms & Conditions

EcoTrek needs to be paid in full before the trek starts. If the client cancels the trek before the agreed upon start date, EcoTrek will keep a 15 % cancelation fee. Clients who return early from a trek are not eligible for a refund for the personnel/food unless injury, illness or natural events forces the trek to end early.

All prices are listed in EUROS and these prices are valid throughout 2015. EcoTrek will prepare a receipt for the payment. Please note that bank transfers will cost an additional 7 % for the transaction fee. We request that a 15% deposit is paid 15 days before the start of the trek.

